



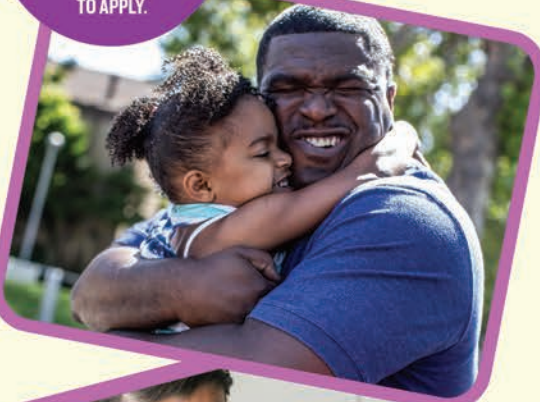
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SERVING PREGNANT & POST-PARTUM WOMEN, INFANTS AND CHILDREN UNDER 5

The Women, Infants, and Children Nutrition Program provides healthy foods, nutrition tips, breastfeeding support, health care referrals and community information.



YES!
 NEWLY PREGNANT WOMEN, MIGRANT WORKERS, AND WORKING FAMILIES ARE ENCOURAGED TO APPLY.




WIC is an equal opportunity provider.
 California Department of Public Health

WIC SERVICES FOR YOU

- ✔ Supplemental Food Benefits and Infant Formula (if not Breastfeeding)
- ✔ Breastfeeding Assistance and Free Breast Pump Exclusively For Breastfeeding Working Moms
- ✔ Free Dental Check-Up for Children
- ✔ Perinatal Depression Screening and Referral
- ✔ Childhood Developmental Screening and Referral
- ✔ Nutrition and Health Education
- ✔ Referrals to Other County Services

YOU MAY QUALIFY IF YOU:

Have a low to medium income; and/or Receive Medi-Cal, CalWORKs (TANF), or CalFresh (Food Stamps) benefits; and Live in California.

 (510) 595-6400

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